

Hello My friends.

My name is Daniel.

Tonight I'd like to talk about time.

The stoic philosopher, Seneca, said

“ We are always complaining that our days are few, and acting as though there would be no end of them. “ I believe what that means is from day to day we feel like we don't have enough time but through the years we waste so much time.

It's as though we're throwing away our lives.

I'd like you to consider this

“ Yesterday is gone forever, it will never return. Tomorrow is promised to no one. We might not be here when it comes.

Today is all we have.

If we don't make the most of today we're throwing away our precious time.”

Baptist minister, Rick Warren, wrote

“ Time is your most precious gift because you only have a set amount of it. You can make more money, but you can't make more time. When you give someone your time, you are giving them a portion of your life that you'll never get back. Your time is your life. That is why the greatest gift you can give someone is your time. “

Are you giving yourself your time? What do you do for yourself during the day? You get up, perhaps you have breakfast, drive to work, be a good employee, drive home, spend time with your family, have a meal, watch a little TV and go to bed.

Try to recall your aspirations before you learned the value of money. What did you want to do with your life? To while away the days? To have an ordinary existence?

Remember that the little things you do for yourself are important because you're giving time to yourself. A good meal is enjoyable. Our family loves us and we love them. Work can be fulfilling. And we all need sleep.

But where is the progress through time? If you aspire to be a chef, take the time to cook every meal. If your aspiration is to be a parent then focus all your energy on children. Find what you want to do and do it like your life depends on it. Otherwise you will run out of time and have an unfinished life.

May your creator bless you in this life and whatever may follow.